**List of questions for the final modular control in the discipline**

**"European experience of feeding young children"**

1. What are the morpho-functional features of the organs of digestion and metabolism in children in different age groups, and how are they adapted to breastfeeding?
2. What is the anatomy of the oral cavity in babies, and how does it affect the physiology of sucking?
3. How does the neuroendocrine system regulate lactation, and which hormones play a key role in this process?
4. Regarding the diet of a pregnant woman, what are the main issues that should be taken into account, and how does the caloric content and composition of the diet change at different stages of pregnancy?
5. What vitamins and minerals are critical during pregnancy, and why are vitamin D and calcium so important for mother and fetus?
6. How can a mother's diet affect the quality and composition of breast milk, and why is this important?
7. What is the biological significance of breastfeeding for a child?
8. What nutritional components are contained in breast milk and how do they affect the development and health of the baby?
9. What macro- and microelements are important for the proper growth and development of a child, and how can they be obtained from breast milk?
10. What are the main components of the composition of female mature milk, transition milk and colostrum, and how do they differ in quality and quantity?
11. Compare the composition of human milk and cow's milk. What are the differences in nutrients and biological value?
12. What are the indications and contraindications for breastfeeding?
13. What types of hypogalactia exist, and what methods of prevention and treatment can be recommended?
14. Treatment and prevention of hypogalactia, and what are its main causes?
15. What are the main principles of successful breastfeeding according to WHO and UNICEF?
16. How to determine the signs of correct attachment of the child to the mother's breast and effective sucking?
17. What are the methods of calculating the daily and single amount of food for breastfeeding, and what are the needs for proteins, fats, carbohydrates and kilocalories?
18. What is supplementary food, and what are the indications for introducing supplementary food?
19. How to determine the signs of a child's readiness to introduce complementary foods?
20. What are the rules for introducing complementary foods, including timing and recommended products?Як відрізнити докорм від прикорму?
21. What are the features of feeding premature babies, and how can physiological and medical aspects affect their nutrition?
22. What are the indications for artificial feeding, and what are the basic rules for this type of feeding?
23. What is mixed feeding, and what are the indications for its use?
24. What schemes of mixed feeding of children of the first year of life exist?
25. What are the principles of nutrition for children older than one year, including the need for food ingredients, frequency of feeding and staple foods?
26. What are the principles of correcting physical development disorders related to children's nutritional status?
27. How is a child's physical development assessed in different age groups and taking into account gender characteristics?
28. What food supplements of iron are recommended for children, and in what cases their use may be necessary?
29. What dietary calcium supplements can be useful for children, and in what situations can they be recommended?
30. What nutritional supplements with vitamin D are recommended for children, and how do they affect their health?
31. What food supplements with iodine can be useful for children, and in what cases is their use recommended?
32. What vitamin A supplements may be important for children, and how do they affect their vision and general health?
33. What are the causes and prevalence of food allergies in young children, and what are the main manifestations of this allergy?
34. What products most often lead to food allergies in children, and how can it be prevented or corrected?