**Essential Reading:**

1. Christopher Duggan, John B. Natkins. Nutrition in Pediatrics. 5th Edition. People"s Medical Publishing house. USA Shelton. Connecticut;2016 -2814p.

2. Prof. Ebenezer, O. Ojofeitimi. Nutrition in Health and Diseases. Course Guide.2018 -148p.

3. Ronald E. Kleinman, Frank R. Greer, Pediatric Nutrition, 8th Edition, AAP Committee on Nutrition.2019 -320p

**Supplemental Reading:**

1. World Health Organization (WHO). Nutrition: complementary feeding. http://www.who.int/nutrition/topics/complementary\_feeding/en//. Accessed December 18,

2016

2. Hanson, M., Gluckman, P., and Bustreo, F. (2016). ‘Obesity and the health of future generations’, The Lancet Diabetes & Endocrinology, 4(12), pp.902-967

3. American Academy of Family Physicians. Clinical preventive service recommendation. Iron deficiency anemia. <https://www.aafp.org/patient-care/clinical-recommendations/all/iron-deficiency-anemia.html>. Accessed February 12, 2018

**Web-based and electronic resources:**

1. www.bda.uk.com British Dietetic Association

2. www.nutrition.org.uk British Nutrition Foundation: general food and nutrition information

3. www.nutrition.org American Society for Nutritional Sciences

**The methodical instruction is made by MD, PhD, Associate Professor Romaniuk O.**

**Approved at the meeting of the department**

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